Table 1. National Policies and Standards for Opioid Stewardship					
<b>Centers for Disease Control</b>	Guideline for Prescribing Opioids for Chronic Pain (2016) In response to the increase in opioid-				
and Prevention, 2016 &	related overdose deaths, the CDC published opioid prescribing guidelines, which were rapidly				
2017	adopted across the continuum of health care for acute and chronic pain management. NOTE: The				
	CDC is <u>updating the 2016 guidelines</u> and plans to release a new suite of materials to assist with				
	implementation of the revised guidelines in late 2022.				
	Quality Improvement (QI) and Care Coordination: Implementing the CDC Guideline for Prescribing				
	Opioids for Chronic Pain (2017) The CDC published a guide for healthcare systems to integrate the				
	2016 Guidelines and associated quality improvement (QI) measures into their clinical practice. This				
	resource offers primary care providers, practices, and healthcare systems a framework for				
	managing patients who are on long-term opioid therapy				
<b>Centers for Disease Control</b>	Pharmacists: On the Front Lines CDC brochure bringing awareness to the roles of pharmacists in				
and Prevention, 2016	addressing the opioid crisis.				
US Department of Health	In 2017, HHS launched a comprehensive 5-Point Strategy to empower local communities on the				
and Human Services, 2017	frontlines to combat the opioid crisis. This included calling for: (1) better addiction prevention,				
	treatment and recovery services, (2) better data, (3) better pain management, (4) better targeting				
	of overdose reversing drugs, and (5) better research.				
The Joint Commission, 2018	· · · · · · · · · · · · · · · · · · ·				
	an 18-month standards revision process focused on the safe and judicious prescribing of opioids.				
	The revised pain assessment and management standards for <u>accredited hospitals</u> went into effect January 1, 2018.				
	New requirements included:				
	·				
	<ul> <li>Identifying a leader or leadership team that is responsible for pain management and safe opioid prescribing</li> </ul>				
	<ul> <li>Involving patients in developing their treatment plans and setting realistic expectations and measurable goals</li> </ul>				
	<ul> <li>Promoting safe opioid use by identifying high-risk patients</li> </ul>				
	Monitoring high-risk patients				
	Facilitating clinician access to prescription drug monitoring program databases				
	Conducting performance improvement activities focusing on pain assessment and				
	management to increase safety and quality for patients				
The Joint Commission,	On January 1, 2019, new and revised Joint Commission pain assessment and management standards				
2019	went into effect for accredited ambulatory care facilities and critical access hospitals. The Joint				

Commission provides a summary of key concepts in the standards to ensure an understanding of the requirements for: Hospitals/Critical Access Hospitals Ambulatory Care **American Society of** In 2016, the American Society of Health-System Pharmacists (ASHP) issued a Statement on the Pharmacist's Role in Substance Abuse Prevention, Education, and Assistance stating that **Health-System** Pharmacists, 2016 pharmacists have the unique knowledge, skills, and responsibilities for assuming an important role in substance abuse prevention, education, and assistance. Pharmacists, as healthcare providers, should be actively involved in reducing the negative effects that substance abuse has on society, health systems, and the pharmacy profession. Between 2009-2019 ASHP has issued several Medication Therapy and Patient Care - Specific Practice Area Positions related to opioid stewardship, including: Pain Management (1722), Stewardship of Drugs with Potential for Abuse (1603), Controlled Substance Diversion and Patient Access (1614), and Prescription Drug Abuse (1526). **American Pharmacists** The American Pharmacists Association (APhA) seeks to advance the pharmacy profession and pharmacist's role as a patient care provider. A key APhA advocacy issue is Prescription drug misuse Association and abuse and the role of the pharmacist is highlighted with respect to the opioid epidemic: Pharmacists' knowledge, accessibility, and expertise, puts them in a unique position to help combat this epidemic.

Table 2 provides a list of available guidance documents from national professional organizations.

Table 2. Guidance Documents to Assist with Implementing Opioid Stewardship				
American Hospital	The American Hospital Association developed a toolkit, Stem the Tide: Addressing the Opioid			
Association	Epidemic to provide health systems engaged in opioid stewardship guidance and resources on how			
	to work with patients, clinicians and communities to stem the opioid epidemic. In 2020, AHA Cent			
	for Health Innovation released another toolkit focused on measuring opioid stewardship outcomes,			
	Stem the Tide: Opioid stewardship measurement implementation guide.			
Society of Hospital	The Society of Hospital Medicine (SHM) is committed to supporting hospitalists and their teams in			
Medicine	developing comprehensive strategies and programs that will promote patient safety in the			
	administration of opioid therapy. SHM's Reducing Adverse Drug Events related to Opioids (RADEO)			
	Guide, provides step-by-step guidance to assist hospital teams in implementing a quality			

valuable resources.

	improvement program to improve patient safety and reduce opioid-related adverse events for				
	patients receiving opioids.				
American Pharmacists	Opioid Use and Misuse Resource Center This APhA resource center provides:				
Association	1. interactive tools and publications to help pharmacists treat patients using opioids,				
	<ol><li>A compilation of resources to help pharmacist decision-making and improve communication with patients,</li></ol>				
	<ol><li>Resources that reflect developments regarding federal and state responses to the opioid epidemic, such as the Surgeon General's Advisory on Naloxone and Opioid Overdose.</li></ol>				
	4. A collection of training, webinars, and learning archives, including Pathways to Safer Opioid				
	Use (free, CPE credit), an immersive, interactive training tool designed using opioid-related				
	recommendations.				
	5. Opportunities for pharmacists and pharmacy technicians to connect with other				
	professionals.				
National Quality Forum,	The National Quality Forum (NQF) convened an Opioid Stewardship Action Team in 2017, which				
2018	included 40+ organizations representing clinicians, patient partners, federal agencies, and other key				
	stakeholders. In 2018, the NQF published the <u>NQP Playbook™: Opioid Stewardship</u> , which provides essential guidance for healthcare organizations and clinicians across care settings committed to				
	appropriate pain management strategies and opioid stewardship.				
The College of HealthCare					
Information Management	<del>-</del>				
Executives (CHIME)	to turn the tide on the opioid epidemic using the knowledge and expertise of the nation's health				
	IT leaders. The CHIME Opioid Playbook has been created by CIOs and CMIOs for CIOs and CMIOs to				
	help them develop a program that will help their providers, healthcare organizations and especially				
	patients be successful. The playbook provides a framework to build IT-based supports for launching				
	and maintaining system-wide initiatives to reduce the disease of opioid addiction in our				
	communities. It is based on the knowledge, experience, and insights from the diverse membership of				
	CHIME and CHIME Foundation partners, with real-world examples, best practices and links to				

Table 3 details the Wisconsin specific policies and guidelines related to opioid stewardship.

Table 3 Wisco	ncin State Policies	Guidelines Related	d to Opioid Stewardship
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# Wisconsin Medical Examining Board Opioid Prescribing Guideline, 2019

In 2019, the Wisconsin Medical Examining Board issued an updated <u>Opioid Prescribing Guideline</u> with the purpose of helping providers make informed decisions about acute and chronic pain treatment -pain lasting longer than three months or past the time of normal tissue healing. The guideline encourages providers to implement best practices for responsible prescribing which includes prescribing the lowest effective dose for the shortest possible duration for post-operative care and acutely-injured patients.

\*Currently, there are no corresponding guidelines about opioids from the Wisconsin Pharmacy Examining Board. However, pharmacists can refer to the physician guideline when presenting to health system leadership about the rationale for opioid stewardship.

### Wisconsin Medical Examining Board Rule on Required CME related to opioid prescribing, 2019

The Wisconsin Medical Examining Board (MEB) approved a <u>rule</u> requiring physicians with a DEA number to complete two CME credits on its Opioid Prescribing Guideline during each CME cycle.

\*Currently, there is not a corresponding rule for pharmacists to complete CE in pain management or opioid-related topics, but pharmacy teams can refer to this requirement when presenting to health system leadership about the rationale for opioid stewardship and the role they can potentially play in pharmacist-delivered provider education.

## Wisconsin Enhanced Prescription Drug Monitoring Program (ePDMP)

The <u>Wisconsin Enhanced Prescription Drug Monitoring Program (ePDMP)</u> is a tool to help combat the ongoing prescription drug abuse epidemic in Wisconsin. Relevant components of the ePDMP statutes and regulations for health system pharmacists are as follows:

#### Required WI ePDMP Use by Prescribers

Effective April 2017, <u>Wis. Stat 961.385(2)(cs)1</u> requires that the prescriber, or their delegate, view a patient's WI ePDMP record before issuing a prescription order for a monitored prescription drug. The exceptions for review defined by <u>Wis. Stat 961.385(2)(cs)2</u> are:

- 1. The patient is receiving hospice care, as defined in s. 50.94 (1) (a).
- 2. The prescription order is for a number of doses that is intended to last the patient 3 days or less and is not subject to refill.
- 3. The monitored prescription drug is lawfully administered to the patient.
- 4. Due to emergency, it is not possible to review the patient's records under the program before the practitioner issues a prescription order for the patient.

5. It is not possible to review the patient's records under the program because the digital platform for the program is not operational or due to other technological failure if that failure is reported to the board.

#### **Medical Coordinator Access**

A Medical Coordinator for purposes of accessing the WI ePDMP is defined **by** <u>Wis. Stat.§</u> <u>961.385(2)(cm)2</u>. It allows the WI ePDMP to release non-patient-identifiable information to a person who:

- 1. Medically coordinates, directs, or supervises a practitioner;
- 2. Establishes standard operating procedures for a practitioner;
- 3. Evaluates the job performance of a practitioner; OR
- 4. Performs quality assessment and improvement activities, including outcomes evaluation or developing clinical guidelines.

The Medical Coordinator role in the WI ePDMP allows access to the Prescribing Practice Metrics for individual prescribers only after the prescriber has accepted the Medical Coordinator's request in the WI ePDMP.

The ePDMP has created a <u>Medical Coordinator Guide</u> with details about how to get an account and what information is available from the PDMP.