

WSPS NEWSLETTER

WSPS Golf Outing

Cottage Grove, WI June 2015



From Left to Right: Matt Lively, Austin Resop, Andy Cannon, Tyler Prickette, Heather Stoner and Teresa Romano

WSPS held its third annual golf outing this past June in Cottage Grove, WI. They had different events at different holes such as playing a game of black jack while waiting to tee off. First place went to a group of students who placed thirteen under par!

Summer/Fall 2015

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WSPS

Operation Diabetes

This was the first year that an operation has attended Black Women's Wellness Day. Black Women's Wellness Day presents a unique opportunity for pharmacists to interact with a population who has different risk factors for certain medical conditions than other races. At this event, Operation Diabetes offered A1c testing to women who were identified to have a high blood glucose reading.

One patient was identified to have a critical blood glucose level and Operation Diabetes had a chance to help her understand the importance of the screening as well as the importance of seeking medical care. The patient was so gratified by Operation Diabetes help she encouraged her daughter to get tested as well. By encouraging patients to obtain necessary care, we as pharmacists can help patients take control of their health.

By: Briana Frolov

Operation Heart

Operation Heart has been busy in many different fashions this semester. With providing free blood pressure screenings at clinics open to the general public, Operation Heart hopes to expand beyond just the typical screenings into more uncharted waters with new ideas being brought to the table. It appears that now is the best time to become involved with this popular faction of WSPS.

The coming semester holds a lot of promise for the expansion of Operation Heart. Some new ideas to go along with the blood pressure screenings would be providing walk-ins with heart healthy recipes. It would be a way for Operation Heart to branch beyond the norm yet still remain cardiovascular health oriented.

When asked about a memory from this past year in Operation Heart, Co-Chair Emily Bielen recalled an elderly woman who had her blood pressure screened. After seeing she was indeed hypertensive, she went to talk to her doctor. The pharmacist overseeing the event recalled the lady at a later date receiving blood pressure medication. Emily stated, "It's nice to see people taking an initiative on their own health."

Now is the best time to get involved in expanding Operation Heart, a rewarding experience that can make a difference in the community.



Melissa Sargent and Bryan Kazmer perform a blood pressure Screening at O'Connell's Pharmacy

By: Kevin Van Camp

Operation Airways

Operation Airways started their new year of volunteering early, beginning in June, with Asthma Camp. This event is an educational one-day camp for children from underprivileged backgrounds. The focus of this camp is to help educate these children on their asthma triggers, healthcare professionals who can help with their asthma, as well as techniques for properly using both their rescue and control medications. After a busy summer planning events, Operation Airways has started the semester with a busy calendar full of outreach activities. Since training 70 volunteers at the beginning of the school year, Operation Airways has been busy making an impact in the local community. One of the events that Operation Airways has participated in since school has started includes the Lincoln Health Fair at Lincoln Elementary School. During this event Operation Airways had representatives that talked to children and their parents about smoking prevention, and the dangers of tobacco use. On top of the education that was provided at the health fair, Operation Airways has given presentations to two different local middle schools. The focus of these presentations is on smoking prevention, which helps middle-school aged children become aware of the dangers of tobacco use. In the coming months, Operation Airways will be participating in volunteer events at Porchlite, the Great American SmokeOut, River Food Pantry outreach along with more health fair and school presentations.

By: Briana Amundson

Operation Self-Care

Operation Self-Care has had several community outreach events so far this year. First, they were involved in the Lincoln Health Fair at Lincoln Elementary School back in September. During this event they taught the kids how to accurately measure a medicine in a syringe. The kids seemed to have a lot of fun doing this activity and had the chance to win a sucker if they measured correctly, so it really incentivized them to participate! While the children were carrying out the challenge, it gave the volunteers a chance to discuss with the parents why a syringe should always be used for dosing if it is available. They also were able to chat about how to safely read and interpret OTC drug labels. OSC also had an event where they partnered with Operation Immunization at St. Vincent De Paul Food Pantry. At this event they were able to spend time with community members while they were getting their flu shot to explain how to safely read a prescription label and accurately dose a medication. Their final event so far was collaboration with Personal Health Partners at Porchlite, where they spent time promoting OTC literacy by discussing accurate reading of food and drug labels with community members in attendance.

By: Holly Dorscheid

Operation Immunization

Operation Immunizations has been very busy preparing for the start of flu season. So far this semester it has provided volunteers and student immunizers for 23 different flu clinics. This included several UHS Flu Clinics held at a variety of locations on campus as well as clinics held at both Oakwood Village and St. Vincent de Paul Pharmacy. The annual School of Pharmacy Flu Clinic was on October 9. Participants included a total of twelve third year student pharmacists who were able to provide 203 influenza immunizations and 1 HPV immunization to School of Pharmacy students. A new partnership for Operation Immunizations this year was a partnership with Angie Long, a MPH student from George Washington University, to provide volunteers for her catch-up HPV vaccination program for young adult men and women at UW-Madison during UHS Student Flu Clinics. The partnership with the St. Vincent de Paul Pharmacy was also a new addition this semester for Operation Immunization, providing more opportunities for student pharmacists to serve as immunizers and intake volunteers in the context of working with an underserved patient population.



Operation Immunization Co-Chair Katie Keucker (DPH-3) immunizes fellow Co-Chair Ali Ritscher (DPH-2) during the School of Pharmacy Flu Clinic.

By: Olivia Fahey

Generation Rx

Generation Rx has been involved in three community outreach events this school year. First, they had a booth at the Lincoln Health Fair at Lincoln Elementary School. Volunteers talked with kids about knowing the difference between candy and pills, and then with parents about storing medications safely by keeping them “Up and Away.” Also, Generation Rx did a college presentation to the Aspiring Physician’s Assistant Association (APAA), focusing on medication abuse and misuse awareness and what to do if someone you know is struggling with it. A volunteer stated, “It was really great when one person came up to us afterwards and told us how much of an impact our presentation had on her. She knew some people that were struggling with this problem so she was really glad she was able to come listen to what we had to say. Talking to her really validated the point of us being there, and made me feel like I was actually making a difference!” Finally, Generation Rx had an event partnered with MedDrop down at East Campus Mall to help collect expired medications, and they also scooped some ice cream! They also have a plan in the works to partner with Health Occupations Students of America to do another undergraduate presentation that will be focused mainly on abuse and misuse awareness.

By: Holly Dorscheid

MedDrop

MedDrop has had a busy start to the academic year! To start off the semester, MedDrop attended the Lincoln Health Fair where volunteers educated the attendees about how to properly dispose of medication and about the awareness of poison control. To get the younger students involved, the volunteers brought a medication/candy look-a-like game along. This helped show the students that medicine can look similar to candy and that they should always be cautious. One of MedDrop's big events is National Take Back Day which took place on Sept. 26. On this weekend, volunteers collected old medications from both of the Oakwood locations. Co-chair Brekk Feeley comments that "These are always great and popular medication collection events." Volunteers also lent a helping hand at Stoughton's Medication Take Back Day. This event is organized by a local pharmacy as well as the local police and fire departments. Attendance for this event was incredible! To round out this semester, MedDrop held their final event on Oct. 16 which was the MedDrop Scoop. While at the event, they collected old, expired medications, educated people about the safe disposal of medications, and gave out ice cream. On this same day, volunteers also helped out at the Department of Justice Medication Take Back that was held with the UW Police Department. This wraps up the events for MedDrop this semester, but look for new events come springtime.



Meghan Cohen, Kristie Newton and Zach Pickert show that medication can look like candy at the Lincoln Health Fair

By: Kirsten Bowers

Organ Donation Awareness

Organ Donation Awareness has been getting out into the community with a variety of events. The organization trained 50 volunteers to help spread the word about the different kinds of donation that people can participate in. The kickoff event of the year for ODA was the Lincoln Health Fair. Dottie made an appearance to help attending children and parents understand what organ donation was all about. The kids took a liking to Dottie and the booth was a great success! Next, ODA took their efforts to the Dane County Farmer's Market at the end of September. While there, Dottie and volunteers talked to attendees about the prevalence and importance of organ donation. Organ Donation Awareness had its most successful event-to-date when they attended a charity run/walk for aplastic anemia. While at the event, ODA signed up eight people to the bone marrow registry! ODA will continue to spread the word about the need for donation throughout the year in other various events.



Above, Abby Sharpe (left) and Stephanie Bishop (right) pose with Dottie (Eric Hesselbach) at the Lincoln Health Fair

By: Kirsten Bowers

MEDiC

Last spring, MEDiC introduced an MTM clinic at the Salvation Army location, and it was a success! Since then, it has moved to the Southside Clinic on the fourth Saturday of each month. Southside was chosen instead of Salvation Army because it is the only walk-in clinic that MEDiC operates, which makes it easier to target patients that may benefit from the MTM service. Last month, Southside Clinic started using “appointment cards” for patients who might benefit from an MTM clinic. They are given to the patient on the day they come to clinic and are used to remind and encourage them to come back to the MTM clinic. Another unique aspect of this clinic is that it is the only one with pharmacists present. Several UW residents and faculty members volunteer at the MTM clinic, and they work with DPH-3’s, DPH-4’s, and medical students to provide the services. According to Brooke Foster, MEDiC Pharmacy Liaison, “having the pharmacists at the clinic is really helpful because they can teach the students some invaluable information.” At this time, MEDiC is focused on providing the most benefit to patients through the MTM services at Southside, but there is potential for growth in the future!

By: Christine Garmoe

Personal Health Partners

Personal Health Partners (PHP) has been busy this semester. If it’s not prepping for an upcoming event, the committed members are thinking of new ways to diversify and provide even more services to the community. PHP, through Porchlight, develops strong ties with the community and are recognized for the work they do.

Recently, PHP was able to purchase their own blood pressure screening equipment - something done standardly at most events - but now with their own equipment, they have been spreading the word to the visitors of PHP to take advantage of their newly acquired resource which has been a resounding success. More individuals are stepping up to find out more about their health and become educated in ways to improve on it – something PHP strives to accomplish in the community. However, just because PHP works towards a more educated and healthier community, doesn’t mean they can’t have fun in the process.

PHP co-chair, Irene Chung, recalled a story from an earlier event about a man who wouldn’t participate in their activities, but rather, encouraged his friends to partake. The man continued to support PHP by getting more and more people to step up and learn about different health states and get their blood pressured screened. Irene went on to say that she “likes to develop long lasting relationships, and visiting Porchlight once a month is a way to do that. People remember me from last year.” PHP provides an enriching and rewarding experience for every volunteer especially now that they are becoming more diverse in their operations giving more opportunity for volunteers.

By: Kevin Van Camp

PSW/United Way

During the fall months, PSW/United Way volunteers work their hardest to help serve the seniors of Dane County. The volunteers are able to pair up with Wisconsin Pharmacy Quality Collaborative (WPQC) certified pharmacists to work through comprehensive medication reviews (CMRs) with the senior population. Through these volunteer opportunities, students are able to work one-on-one with local pharmacists to complete a medication history and see the impact they can make on the community. By providing these CMRs, the pharmacists and volunteers help to keep the seniors healthy, safe, and independent for as long as possible. This is done by focusing on reducing the number of adverse drug events and falls that are prevalent in the elderly population. As of October 8th, 94 seniors in Dane County have been served!

PSW/United Way is always looking for new volunteers and students eager to watch and take part in completing a comprehensive medication review. There are many future events that will be taking place. The next one listed will be on November 17th at the DeForest Senior Center.

By: Rebecca Gerovac

Fundraising Co-Chairs

The fundraising co-chair team has been incredibly busy this semester. Thus far, they have held two large fundraisers: the CPR classes and the WSPS T-shirt sale. Through the CPR classes, the fundraising team was able to reach 265 people, primarily first and third year students. The WSPS T-Shirt sale was extremely successful with 167 t-shirts sold. We are excited for what the fundraising co-chairs have in store for us moving forward!



By: Nikita Shah

APhA Liaison By: Briana Frolov

October was American Pharmacists month!

The goal of this month is to promote the profession of pharmacy and there have been lots of things going on. One important event is the daily posting of a fact as provided by APhA-ASP. A daily fact about pharmacists is posted on both WSPS's twitter and Facebook account. By having pharmacy students not only read these, but repost them, information about pharmacists can get spread throughout the community and educate the public on what we as pharmacists can do! Remember, you don't need a position in WSPS to promote *your* profession and there is no better time to start than now.

IPSF Liaison By: Briana Frolov

This year things are just getting rolling! Be on the lookout for a calendar outside the lecture halls that have the dates of national health awareness days. Also IPSF is always looking for donations of pharmaceutical journals to donate to other countries that don't have access to these resources. Here's some inspiration if you need convincing to donate your old APhA or ASHP journals:

Last year, Amber Moschel donated 94 journals and 3 textbooks in total to Nigeria, Ethiopia, and Ghana

Quote from Tony Onsei (Drug information pharmacist at Korle Bu Teaching Hospital) about the journal donation program: "I would say it will enhance and equip us with emerging trends in the practice and also serve as a good reference source for both pharmacists and student pharmacists who are always involved in research work, critical appraisal, article writing just to mention a few. So the journals will actually be of immense and invaluable use for us as an information resource base."

ASHP Liaison By: Christine Garmoe

The annual Clinical Skills Competition was recently held and it was a success! Eighteen DPH-3's and eighteen DPH-4's competed this year. Their task was to formulate a care plan for a patient based on information given to them and research they conduct. After formulating a plan, they presented to a team of judges. Ten pharmacists, including SOP faculty, UW and VA pharmacists, comprised the judging team. Additionally, nine DPH-1's volunteered to make sure the competition ran smoothly. Congratulations to the winners Stephanie Dougherty and Stephanie Pennington who will be representing our school at the Midyear national competition!

Professionalism By: Emily Bielen

The professionalism co-chairs, Nikita Shah and Lauren Caruso, have been busy this semester connecting with pharmacists from across the state in a variety of practice settings to attend one great networking roundtable event for pharmacy students! Nikita and Lauren also have been diligent in beginning white coat ceremony planning for the spring semester. This year's ceremony will feature shorter coats than in the past, and white coat committee members will be brainstorming fundraising ideas to cover the costs of the coats!

Policy Liaisons By: Paria Sanaty Zadeh

Since September, our APhA-ASP Policy team was hard at work preparing for the APhA-ASP Region IV Midyear Regional Meeting (MRM). After many hours of brainstorming and discussion, the Policy team moved to write and promote the policy proposal titled “Quality Standards in Community Pharmacies.”

The Policy team presented this resolution at the Region IV MRM held on October 30 through November 1 in Dearborn, Michigan. At the MRM Policy Proposal Forum on October 31, all Region IV student pharmacists had a chance to clarify and debate each of the 20 Region IV proposed resolutions. At the MRM Regional Closing Forum on November 1, Chapter Delegates voted on all resolutions and resolution amendments. A total of 12 resolutions were passed.

Although our chapter’s proposed resolution was well-debated and sparked thoughtful discussion, it unfortunately did not pass at MRM. Passed resolutions will be sequentially reviewed by the APhA-ASP Resolutions and Reference Committees and House of Delegates, for a chance to be brought forth on a national level as an APhA-ASP Adopted Resolution that reflects the collective voice of student pharmacists.

Our chapter’s MRM student representatives enjoyed engaging in the policy process, one of the Academy’s most important activities. Attendees were able to advocate for our profession by critically discussing and voicing their opinion on important issues in pharmacy practice.

Our Policy liaisons will continue their involvement in the APhA-ASP policy process at the APhA Annual Meeting in March 2016. Our Policy team values the opportunity to direct the Academy through the policy process, and remains optimistic that our chapter’s future policy proposals will yield greater success.

This Newsletter was put together for you by the WSPS Newsletter Committee!

WSPS

777 Highland Avenue
Madison, WI 53705