

WSPS NEWSLETTER

WSPS/PAA Golf Outing



University Ridge, Verona WI

WSPS is pairing up with the Pharmacy Alumni Association this year for it's annual golf outing! Save the date of June 17th, 2016 to come and golf! It will be located at University Ridge in Verona not that far away from the pharmacy school! So come out and golf and have some fun! More details will follow. Have any questions? Contact Heather Stoner at hstoner@wisc.edu

Summer/Fall 2015

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WSPS

Operation Diabetes

November was Diabetes Awareness month!

Operation Diabetes partnered with the Wisconsin Lions Foundation this year to promote diabetes awareness and offer free risk assessments to the public. During Diabetes Awareness Month, they hosted a free blues concert. Prior to the concert, OD was present to provide free risk assessments to concert attendees.

A Co-chairs story: “As a co-chair, I typically oversee the volunteers but we had such a rush of patients wanting to be screened that I participated in the screenings. I interacted with one elderly woman who was a stroke survivor and had many other health complications. She was very nervous about being at risk for diabetes, but after performing the blood glucose test, I was able to offer some good news! The patient was so relieved, and I congratulated her on how she was managing her health since her stroke. She was very proud of herself and I was proud of her as well, and encouraged her to continue those healthy habits to postpone the onset of type 2 diabetes. Even though it is rewarding to help patients manage their diabetes, or to refer those patients with high blood glucose readings that are at risk for diabetes, it is also rewarding to educate patients about prolonging the onset of type 2 diabetes and being aware of the chronic disease!”

- Lissette Martinez

By: Briana Frolov

Operation Heart

Although heart month – February – is ending, Operation Heart is not slowing down when it comes to spreading awareness of cardiovascular disease. Operation Heart is most known for blood pressure readings at different health fair events, but they are expanding their outreach to be seen as much more than that. Even in the early days of this semester, they have been continuing to spread awareness of cardiovascular disease through different activities like wearing red in awareness of heart month, and Operation Heart still wants to do more.

Continuing to look forward to the rest of the semester, Co-chair Emily Bielen is working with others in Operation Heart to find new ideas to involve educating kids. “We’re working on finding a better kids game since the model heart isn’t really working,” she says, “Hopefully, we find something that engages kids for the next few years. We could do kids fairs then too!” Any volunteers for Operation Heart are welcome to share their ideas with the co-chairs on how to make these all possible.

Operation Heart will be doing many more health fairs and participating in events with Personal Health Partners to help spread awareness to the PHP participating sites as well. If you are interested in volunteering for either of these groups, inquire with the co-chairs for Operation Heart to find the dates when the two groups will be participating in fairs together.



DPH-2 class that won the wear red challenge put on by Operation Heart!

By: Kevin Van Camp

Operation Airways

With the start of the new semester, Operation Airways has been busy coordinating and planning many community outreach events. They have many events that will be taking place from now until the end of the semester. There are currently three different middle school presentations planned in which Operation Airways volunteers will work to emphasize the importance of smoking cessation to 6th and 7th grade students. Some events geared toward senior citizens will be the Waunakee Wellness Fair and the Healthy Aging Fair. At the wellness and health aging fairs Operation Airways volunteers will discuss airway and lung health and screen the senior citizens for their lung functions. With this population they will also discuss the importance of smoking cessation and the benefits that cessation will have on their overall health. Switching to a younger population, Operation Airways will participate in the UW-Science Expedition. At this event volunteers will facilitate games and activities that allow children and their parents to learn about various asthma triggers, the differences between inhaler types and look at normal and inflamed airways. Another exciting upcoming event will be the participation in Asthma Camp, a one-day camp for children to learn more about their asthma and better empower them to manage their asthma. If you are interested in volunteering for any of these events, please watch for an e-mail from the Operation Airways co-chairs!



Operation Airways at Waunakee Health Fair

By: Briana Amundson

Operation Self-Care

Operation Self-Care has been involved in several great outreach opportunities recently. In November, they did an event at Tobin's Pharmacy in Oconomowoc, WI in regards to their heartburn awareness project. This was a great experience because students got to hand out some healthy and delicious recipes for patients of the pharmacy to use throughout the holidays, as well as information about heartburn prevention. This was a fantastic time to do this project because so many people struggle with heartburn when there is a plethora of holiday goodies! Operation Self-Care will also be participating in the Waunakee Wellness Fair later this month to provide information to patients about over-the-counter dosing safety and literacy. Finally, a great project that has been in the works for a while has been a presentation for fifth and sixth graders about over-the-counter literacy. The co-chairs of OSC are very proud and excited about this project, and they are hoping to implement it next fall!

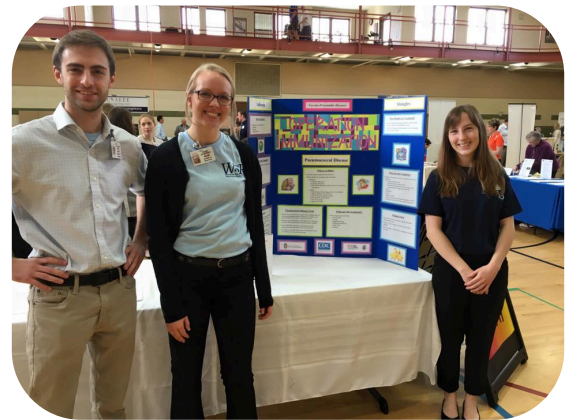


Operation Self-Care at Waunakee Health Fair

By: Holly Dorscheid

Operation Immunization

So far this semester Operation Immunizations has had a diverse impact within the community. This school year, Operation Immunizations started a new partnership with the St. Vincent de Paul Charitable Pharmacy, a pharmacy that serves underinsured patients from an ethnically diverse background. Operation Immunizations was able to organize eleven influenza clinics as well as three mobile ones. In total the fourteen clinics provided 128 influenza vaccines. Over winter break, Operation Immunization volunteers gave presentations about human papillomavirus to 450 students at two local high schools, Madison West and James Madison Memorial. The newly updated HPV presentations included both a PowerPoint presentation about the virus, its associated diseases and its different vaccines as well as a Jeopardy game to encourage student learning and participation. Operation Immunizations will be returning to James Madison Memorial in May to give additional presentations.



Operation Immunization at Waunakee Health Fair

By: Olivia Fahey

Generation Rx

Things have been pretty quiet for Generation Rx so far this year. There has not been much going on the high school side of things, as there have not been any health class presentations yet. However, on the collegiate side there has been an exciting project in the works. Generation Rx has partnered up with the UW- Madison School of Medicine to create a presentation that will cover illicit drug use after receiving positive feedback from previous audiences about interest in this area. This is a new front for Generation Rx because up until now they have mostly focused on prescription drug abuse. Nonetheless, it is a great opportunity to help college students learn more, so keep your eyes peeled for one of these presentations in the near future!

By: Holly Dorscheid

MedDrop

Early March has MedDrop organizing another Ice Cream Scoop event and hoping for a great turnout to start the semester. Keep an eye out for MedDrop to have upcoming events throughout the rest of the semester!



MedDrop at Waunakee Health Fair

By: Kirsten Bowers

Organ Donation Awareness

ODA has been doing some great things since the semester started! To kick off a new year, the operation put on a bone marrow drive with the Student Nurses Convention. Both groups were able to sign up a handful of people to become possible matches for anyone across the world. Volunteers then teamed up with PGHIG to put on a second bone marrow drive to sign people up to the bone marrow registry. The event was a success by signing up about 50 people to “Be the Match.” ODA also collaborated with SCCP to sponsor a talk about transplantation and the process that occurs. They have also participated in a number of Driver’s Education classes, informing young drivers on why to add the orange sticker to their license. Looking ahead for the organization, April is National Donate Life month where there will be countless awareness projects and a cupcake sale. Be on the lookout for upcoming information and donate by buying a delicious cupcake!



Organ Donation Awareness at Waunakee Health Fair

By: Kirsten Bowers

MEDiC

First off, congratulations to all of the Pharmacy students who accepted a spot on 2016-2017 MEDiC Council! It's great to have pharmacy represented in so many different areas of the MEDiC organization.

In the past few months, a huge step has been taken in the effort to implement the PHQ-9 Mental Health Questionnaire in the MEDiC Clinics. It is a validated screening tool for depression, and patients who may benefit from mental health services are referred to Safe Haven Clinic. Kaitlyn McQuiston, Clinic Coordinator at Safe Haven, has been spearheading this project, and the screening forms can now be found in the Grace and Salvation Army Clinics. In the next few months, the plans are to expand this screening tool to the Southside Clinic. Not only will the PHQ-9 survey help spread awareness about mental health, but also give us as students the chance to learn valuable skills about mental health screening. Look out for the questionnaire next time you are volunteering with MEDiC!

By: Christine Garmoe

Personal Health Partners

Spring semester is well underway, and Personal Health Partners (PHP) has been planning on new ways to get involved as well as remembering what made them a successful program in the past.

Reflecting on the memories of the previous semester, Irene Chung, PHP co-chair recalls a moment that stands out among all of the other PHP events. "A lady," Irene goes on to explain, "wanted her blood pressure checked. She had a baby, though, and asked us to watch her. She was so cute!" Irene believes this is one of the main reasons to join PHP events because "it's nice to see the same people." PHP focuses on providing personal care, like blood pressure readings as well as blood glucose readings, for individuals in the community at different sites, especially Porchlight. "They are excited to see you since they know you will be helping them. You can see their outcomes, and seeing the outcomes of what you've done goes a long way." Irene focuses on the benefits of seeing the same individuals at every event and becoming closer to them as well as seeing how your own therapy affects others.

This semester, there will be a new disease topic to discuss with the individuals at their event sites. While a common structure to PHP events, a new topic will be covered this semester called Lifetime Healthy Eating. PHP will be partnering with dietetic students and focus on healthy diets specific to individuals of a specific age group as well as possible interactions with drug therapies. This will be a very beneficial event for any students interested in food-related therapies as well as potential interactions between diets and medication.

By: Kevin Van Camp

PSW/United Way

PSW/United Way is an organization that helps to pair up each volunteer with a Wisconsin Pharmacy Quality Collaborative (WPQC) certified pharmacist to work through comprehensive medication reviews, focusing on the elderly populations in Dane County. Each volunteer opportunity enables students to work closely with a pharmacy to discuss medications or issues with seniors in the community. The service provided helps keep seniors safe, healthy, and independent by focusing on reducing the number of drug interactions and fall risks that are more prevalent in this population. Throughout the year of 2015, 137 seniors in Dane County have been served by volunteers!

During the winter months, it's harder to get the involvement of the senior population due to the ice and cold. This has caused a stand-still for events at this point, but there are many events that are being planned for during the Spring months. Having the involvement of WSPS students is appreciated, so stay tuned for sign-ups in the upcoming weeks!

By: Rebecca Gerovac

Fundraising Co-Chairs

These past few months, fundraising has been working hard with finals goodie bags. They were able to distribute over 60 bags and help support our peers through the stress at the end of the semester. The committee mailed out forms to WSPS parents in November. There were two options: a fruit bag or a chocolate bag. The fruit bag has apples, bananas, trail mix, pretzels, and granola bars while the chocolate bag had a variety large and small candy bars, granola bars, popcorn and trail mix. Currently, the committee is looking forward and working on planning their annual event, the Rx Factor.

The Rx Factor is WSPS's yearly fundraiser benefitting the Community Outreach Programs. Students, alumni, faculty, and friends participate in a Talent Show, Mr. Pharmacy Pageant Competition and a Silent Auction. It is a fun-filled evening bringing together our entire school. This year Rx Factor is on April 22, 2016. Come join us!

By: Nikita Shah

APhA Liaison By: Briana Frolov

Paria Sanaty Zadeh
DPH-3

The Patient Counseling Competition is over, and we had our lovely representative who competed at the National Patient Counseling Competition at APhA Annual in Baltimore, Maryland. For the second year in a row, third year pharmacy student Paria Sanaty Zadeh was the person to show the other APhA Chapters how great UW-Madison is. She completed a great feat and even made it into the top 10 in the nation! Congratulations Paria, you made UW-Madison SOP proud!

During APhA annual, we learned about pharmacy practice, ways to improve our WSPS chapters, and how to develop our leadership skills. If you are applying to a position next year in WSPS, get excited!

ASHP Liaison By: Christine Garmoe

ASHP has some great events coming up for the rest of the semester. One of them is a Clinical Skills Challenge workshop that will take place in April, which will also include a mock competition. The actual competition, held every fall, is highly recommended by preceptors and pharmacists in the field, so this event is good practice. Attending the workshop does not mean you have to compete in the actual challenge in the fall. In fact, it is a great experience for any student, because it will most definitely be helpful in your IPPEs and APPEs. Stephanie Dougherty, winner of last fall's competition, will be leading one of the workshops, so come learn some of her tips and tricks for success!

Professionalism By: Emily Bielen

After a successful roundtable networking event in the fall, the professionalism team initiated an event over winter break that offered mock interviews to current fourth-year students preparing for both residency and job interviews! With the help of current residents, the DPH-4s that partook in this event completed telephone, group, and face-to-face individual interviews, and received great feedback to improve their interviewing skills. The rave reviews from everyone involved really provided motivation to continue and expand the event for the future. Next for the professionalism co-chairs, the duration of the year will be largely dedicated to white coat ceremony preparations to properly welcome the DPH-1 class to the profession of pharmacy!

Policy Liaisons By: Paria Sanaty Zadeh

In the past months, the Policy team has been busy advocating for the pharmacy profession on a state and national level. On February 11, the Policy co-chairs, along with over 60 UW-Madison student pharmacists, attended the 2016 PSW Legislative Day in Madison, WI. At the meeting, attendees learned about three current Wisconsin bills affecting pharmacy practice. These bills aim to increase pharmacist autonomy and expand pharmacists' scope of practice through: 1. pharmacist ability to independently convert days' supply for non-controlled medications, 2. waivers for pharmacy pilot programs authorized by the Pharmacy Examining Board, and 3. pharmacist therapeutic administration of non-vaccine injectable medications. In the latter portion of the meeting, attendees met with legislators at the Wisconsin State Capitol to discuss and promote these state pharmacy bills. As of March 4, all three bills have passed in the Assembly, while the companion bills currently await Senate approval and are scheduled for a Senate vote on March 15.

The Policy team continues to advocate for these state bills, alongside national proposals, through a calling campaign on the PSW website. On February 17, over 15 WSPS Policy members and student advocates joined for a calling drive at the School of Pharmacy. During this time, students phoned their US senators representing Wisconsin to garner support for Senate Bill 314, the Pharmacy and Medically Underserved Areas Enhancement Act, a companion bill to House of Representatives Bill 592, which strives to secure recognition of pharmacists as health care providers by Medicare through reimbursement for pharmacists' health care services. Members can look forward to shaping the future of our profession through upcoming Policy calling drives and similar advocacy efforts. Policy team members will continue to seek advancement of the pharmacy profession, by raising awareness of pharmacists' incredible impact in the community and advocating to expand pharmacists' patient care roles.

This Newsletter was put together for you by the WSPS Newsletter Committee!

WSPS

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