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May 6, 2010

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## High Blood Pressure in African Americans

Published by: American Heart Association



**Product Code:** 50-1466

This brochure makes recommendations on how to control high blood pressure, and shares statistics specific to African Americans and heart disease. Use it to support your efforts to teach healthy lifestyle habits, encourage cholesterol and blood pressure screenings, prevent cardiovascular disease and stroke, manage cardiovascular disease by recommending lifestyle modifications, and meet the special needs of underserved and minority markets.

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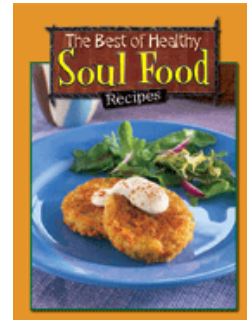
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- Links on This Site
- [Power To End Stroke for African Americans](#)
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### DID YOU KNOW?

Up to 50 percent of prescription medication for high blood pressure is not taken properly. [read more...](#)



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