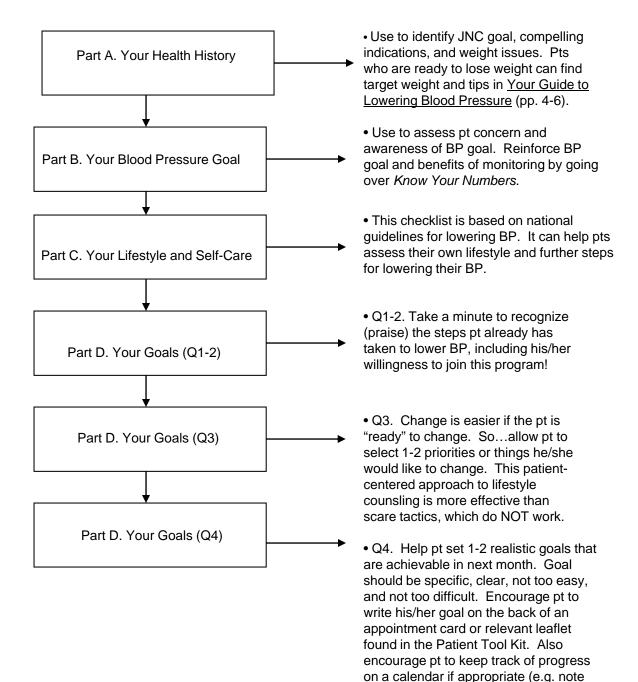
Pharmacist Counseling Tips: Health Checklist



minutes walked each day). Tell pt that you look forward to hearing how it worked next month. Note that BP Goal Check can be used to monitor lifestyle change at follow-up visits. Think of your

role as a "coach". Reinforce/praise

changes and helping to control BP!!

progress. Let pt take credit for making

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