Pharmacist Counseling Tips: BMQ

Q.1: Is patient listing of BP drugs incomplete or inaccurate when compared to the profile?
- If yes, assess for change in therapy, confusion, or nonadherence. Clarify inconsistencies. Encourage all patients to learn drug names and keep list back of My BP Tracker.

Q.2-3: Any pt misconceptions or doubts about regimen or purpose?
- If yes, clarify regimen and purpose. Explain how each drug works in lay terms. Go over Manage Your Medications if appropriate.

Q 4: Any missed days, missed doses, or other signs of nonadherence?
- If yes, verify understanding and explore any reported barriers to adherence. Reinforce importance of regular use to get the most benefit from medication.

Q5: Any pt doubt or concern about how well drug is working?
- If yes, explore and address reason for concern. Reinforce benefits of pharmacy monitoring (e.g. patient can see how drug is working)

Q6-7, Q8d-f, Q9: Any unwanted side effects or pt concern about long-term effects?
- If yes, acknowledge and help pt evaluate them. Discuss options. Offer to contact MD about change in therapy if appropriate. See Request for Medication Review.

Q8a. Any difficulty remembering?
- If yes, discuss cost-lowering options. Offer to contact MD about change in therapy, if appropriate.

Q8b. Any difficulty paying?
- If yes, explore and address reasons if possible (e.g. try to simplify refill schedule to minimize travel time).

Q8c. Any difficulty getting refills on time? Does profile indicate any “late refills”?

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