

WSPS NEWSLETTER

WSPS/PAA Golf Outing



University Ridge, Verona WI

WSPS is pairing up with the Pharmacy Alumni Association this year for it's annual golf outing! Save the date of June 17th, 2016 to come and golf! It will be located at University Ridge in Verona not that far away from the pharmacy school! So come out and golf and have some fun! Have any questions?

Contact Heather Stoner at hstoner@wisc.edu

Summer/Fall 2015

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WSPS

Operation Diabetes

This year Operation Diabetes has had several events and has screened over 100 people for diabetes! Whether it's at health fairs or pharmacies, Operation Diabetes has found a way to provide education to the public.

Co-Chair Alissa Hofer:

"It has been a lot of fun talking with patients about different ways to promote healthy eating and exercise. We love asking patients about their hobbies and trying to encourage physical activity in ways the patient finds fun. We have a lot of new handouts with recommendations for healthy grocery shopping and how to count daily carbohydrate intake.

Pharmacy students are great at listening to patients and using our communication skills to identify potential issues that could contribute to pre-diabetes. We are available to talk to patients for as long as they like...and we don't charge anything for our knowledge!"

Co-Chair Lissette Martinez:

"Operation Diabetes is a GREAT way for student pharmacists to get out in the community and practice talking with patients about their health. They get the opportunity to share knowledge about diabetes prevention and general education about the disease state through assessing their risk and providing free screenings. As a co-chair, my favorite part about the events, besides getting to interact with patients, includes seeing how confident and comfortable student pharmacists become from their first screening to their last when it is their first event! Student pharmacists are always excited about how engaged the people in the community are about diabetes! They are truly making a difference in spreading awareness about diabetes prevention to those that are not already diagnosed with type 1 or type 2 diabetes."

By: Briana Frolov

Operation Heart

Operation Heart has found a lot of success this year in many different ways. From branching out to reach more patients, having consistent volunteers, and encouraging the community to engage in topical discussions about their health, Operation Heart continues to pave the way for cardiovascular risk, wellness, and education in the area.

UW Health has recently become open to having Operation Heart visit and providing free blood pressure screenings at their local clinic at University Station. It is a convenient location, just down the road from the pharmacy school, and provides Operation Heart many opportunities to volunteer – useful practice for any first-year students looking to participate in Operation Heart events.

The volunteers of Operation Heart have been very helpful at events. Emily Bielen made a comment about the regular volunteers. "It was great to see the volunteers begin to learn how to fill the paperwork and do blood pressure screenings themselves." She went on to talk about their growth since the beginning of the year. She believed that the volunteers have seen what it was like to see the same faces over the year as well as be an influential voice to educate the community.

Looking back over the year, Emily sees the Waunakee Wellness Fair as the most memorable moment. "Everyone there was so friendly and kind. They were really interested in learning about their cardiovascular health," she said. One of the larger and more prominent events of the year, the Waunakee Wellness Fair had a great turnout had provided the volunteers a reason to stick with Operation Heart.

Moving onto next year, Operation Heart is looking for more family friendly ways to keep kids engaged in activities while keeping the adults engaged in their health. "We are still working on finding games for kids to keep them entertained and to teach their parents about their health," Emily said. Operation Heart, even after a successful year, continues to look forward to the future and find a way to expand their outreach to the community.

By: Kevin Van Camp

Operation Airways

Looking back over the past year Operation Airway has been busy working to reach out the community through various avenues and provide education and screenings to those in need! Since the beginning of the school year Operation Airways has completed ten middle school presentations, in which they were able to educate about 300 middle school students in the importance of smoking prevention. In addition to these presentations, Operation Airway volunteers were busy participating in educational fairs, where they reached out to 150 elementary aged children for elementary aged children to help educate them about smoking prevention and asthma. Another educational opportunity was Asthma Camp, a one-day camp in which 70 children with asthma were educated on how to manage their asthma and learn to avoid potential triggers. To help educate the adult population, Operation Airway volunteers completed screenings and educated 15 patients through their work with the homeless population at both Porchlight and Michelle Tracy clinics in Madison. To reach out to the senior citizen population Operation Airways volunteered at three health fairs, providing airway health education to 90 patients. Overall, Operation Airway has had a very busy year reaching out various patient populations to inform and educate them on the health of their airways. In the coming months Operation Airways volunteers will continue to give presentations, attend health fairs, and provide screenings to expand their outreach efforts, and provide much needed education on maintaining healthy airways!

By: Briana Amundson

Operation Self-Care

Operation Self-Care has been involved in many events throughout the past year to make a difference in a wide variety of populations. One of the most important events was one that OSC paired with Operation Immunizations for. These operations combined forces to give immunizations and provide translation services for an underserved population through St. Vincent De Paul. They were able to provide direct patient care to these patients, and it really showed how much of a difference a pharmacist can make. When reminiscing with co-chair Hamide Sinani on her favorite event from the past year, she chose the Lincoln Health Fair that occurred in the fall. Operation Self-Care had a booth at Lincoln Elementary School and discussed with parents about OTC safety, as well as an educational game for the kids to play and win a sucker! This was a relaxed and fun event, but all in all the students and their families really learned a lot.



Operation Self-Care at Waunakee Health Fair

By: Holly Dorscheid

Operation Immunization

Operation Immunizations had another successful year of raising awareness and providing immunizations by continuing old partnerships and even creating new ones. A new collaboration was with the St. Vincent de Paul charitable pharmacy, implementing and staffing influenza vaccine clinics from September through February that provided a total of 125 vaccinations. Operation Immunization Co-Chair Katie Kuecker said of the new venture, “These clinics were a great learning experience for pharmacy students as they got exposure to working with an underserved population and utilizing the Wisconsin Immunization Registry.” Another exciting new partnership for Operation Immunization was with University Health Services and MPH student Angela Long. Operation Immunization staffed new HPV vaccine clinics in combination with University Health Services annual influenza clinics. Pharmacy students were able to interact with undergraduate peers to provide education about the role of the HPV vaccine in preventing cervical cancer. In addition to their new partnerships, Operation Immunizations successfully continued previous ventures including school presentations on the HPV vaccine at local Madison high schools Madison West and James Madison Memorial, volunteering at various community health fairs throughout the year and providing volunteers for University Health Services influenza vaccine clinics. Katie said that next year Operation Immunization hopes to continue expanding their community outreach so that they are able to reach even more people to provide education about the importance of vaccines.



OI-Lincoln Health Fair (Tim Antoniewicz and Alex Gidal): Operation Immunization volunteers Alex Gidal, DPH-1 (far left) and Tim Antoniewicz DPH-1 (far right) are shown interacting with community members at the Lincoln Health Fair.

By: Olivia Fahey

Generation Rx

Throughout this year, Generation Rx has been involved in several high school and collegiate presentations. On the high school side, the information has been more geared towards giving the students information about prescription drug abuse and misuse. While reflecting back on the past year, co-chair Daniel Bruckbauer discussed how exciting it was when you would do a presentation and get those few students who were really engaged. “That’s what makes it worth it; helping one person make a difference in their life or in the life of someone else.” Even if some high school students would not take the presentation seriously, he said you could always tell when you really made a difference for someone and when the presentation was personally meaningful for them. On the collegiate side, the information was focused more on how to help someone who is struggling with prescription drug abuse, but the effect was the same. In these presentations, presenters always got feedback afterwards from students with whom the presentation really resonated. It is rewarding for presenters to hear this, because it really shows that pharmacy students can make a difference in our peers’ lives!

By: Holly Dorscheid

MedDrop

MedDrop has had a productive year educating the community about the safety of medications and isn't done yet. During the school year, volunteers helped collect medications that were no longer needed at Oakwood Village and MedDrop Scoop events; they were even fortunate enough to partner with the UW Police Department and the Stoughton DEA. Volunteers were also able to teach community members about the dangers of medications at the Lincoln and Waunakee Wellness Fairs.

There are a few more events that MedDrop has planned for the year which include a JSS education presentation, another collection at both the east and west locations of Oakwood Village, and an ice cream scoop collection at the HSLC. One new event for the year that WSPS members can take part in during the summer is the National Safe Night Out in Verona and Middleton. Be on the lookout for more information about this event or contact Brekk Feeley or _____ if interested!



Brekk Freely, Aaron Lee, a UW-Madison Police officer, Sydney Steiner, and ??? help collect

By: Kirsten Bowers

Organ Donation Awareness

Organ Donation Awareness has had a full year of spreading the word about the awareness of donating organs! They have participated in a few health fairs, helped sign up close to 100 people at various bone marrow drives, and spread the importance of donation all throughout the community. Wherever Dottie traveled this year, she was a huge success as well! ODA has transitioned well from the fall semester into the spring semester and continues to advocate strongly.

April is busy month for ODA since it is Donate Life month. The organization started a new project where they partnered with EVP coffee shops to stamp coffee sleeves with a Donate Life logo. Along with these sleeves, patrons can receive information on how to sign up to be an organ donor. So far, ODA has stamped 1200 sleeves and plans to continue strong until the end of the month! Kym Ludwig, a volunteer of ODA, also started a social media campaign about promoting organ donation and has already received a positive response. This campaign helps to spread the word in a different setting and everyone is encouraged to post facts and information throughout April. To wrap up the year, ODA put on their annual cupcake sale to raise money for the Restoring Hope Transplant House. (Insert stats here on how much they raised). Continue to look for awesome projects from ODA next year!



One of the stamped coffee sleeves spreading the word about organ donation

By: Kirsten Bowers

MEDiC

MEDiC 2015- 2016 by the Numbers

1,451 Patients Served: 53% women and 47% men

Greatest number of patients were 41-50 years old

27 languages spoken

Top 3: English, Spanish, Arabic

Top 3 chief concerns: Tooth pain, Hypertension, Depression

Top 3 diagnoses: Tooth extraction, Hypertension, Depression

Top 3 medications: Ibuprofen; Acetaminophen; Gabapentin



MEDiC also started a successful MTM clinic at Southside, as well as implemented a PHQ-9 Mental Health survey program at Grace and Salvation Army. In addition, the organization created an insurance navigation service to help find insurance for those patients who still do not have it. Lastly, MEDiC opened the Center for Families Pediatric Clinic last summer, and they have received excellent feedback. Check out the MEDiC Annual Report for more information!

By: Christine Garmoe

Personal Health Partners

PHP was able to acquire its own manual blood pressure cuff and electronic blood pressure cuff – a convenience for the group as they perform blood pressure screenings at nearly every event they attend. PHP was also able to create large posters and advertisements for their blood pressure screenings. With this, more people have taken their time to get free blood pressure screenings and learn about their cardiovascular health. “It’s great practice for us being student providers,” Irene Chung, co-chair of PHP said. With all they accomplished this year, PHP began to focus on next year.

Typically going to River Food Pantry and Porchlight for events, PHP has been looking to branch outwards to a third location. “It would be great to expand our outreach,” Irene said, “and Porchlight underwent renovations so their sitting area is no longer there.” Irene added that it is difficult to host an event when there is no meeting area. PHP is very excited about getting the chance to branch out and meet new and, hopefully, friendly faces like they usually have at their other locations.

With the year coming to an end, Irene reflects on one of her events. “There was a man who talked to me for over an hour about his health, and how he has to adjust and plan for his new lifestyle. It was really interesting!” Irene said, also saying that she talked to him for nearly the length of the event. If potential volunteers had reservations about participating in events, the friendly and talkative patients as well as the new resources available to PHP should push them over the edge and participate in many events next year.

By: Kevin Van Camp

PSW/United Way

The PSW/United Way goal is to help the senior citizens across Dane County reduce the number of falls and adverse drug events that can be associated with medications. Falls and adverse drug reactions can lead senior citizens to a loss of independence and decrease their quality of life. PSW/United way works with community pharmacists who are Wisconsin Pharmacy Quality Collaborative (WPQC) certified in order to help provide one-hour long comprehensive medication reviews. These services bring together patients and pharmacists to help maintain the health, independence and safety of Dane County senior citizens.

Throughout the year of 2015-2016, PSW/United Way volunteers have served 137 senior citizens in Dane County! They completed these comprehensive medication reviews at more than 9 events! PSW/United Way is hoping to have more events coming up during May and the summer months and it's a great way to gain experience as a pharmacy student. Involvement of WSPS members is always appreciated, so stay tuned for news about upcoming events!

.....By: Rebecca Gerovac.....

Fundraising Co-Chairs

By: Nikita Shah

ASHP Liaison By: Christine Garmoe

ASHP had a fantastic year of events. The two main events were the Clinical Skills Competition and the Midyear Conference in the fall. “The Wisconsin reception [at Midyear] was a lot of fun because we were able to reconnect and network with previous preceptors, alumni, and recent graduates who are now residents,” said Jean. Another successful, brand new event this year for ASHP is the Clinical Skills Workshop, which is a workshop intended to prepare students for the Competition in the fall. Everyone is encouraged to attend the summer conference in Baltimore!

ASHP 2015-2016 by the numbers:

32 students competed in the Clinical Skills Competition

10 Pharmacist judges

8 DPH-1 volunteers

28 students completing spring Clinical Skills Workshop

18 P&T meetings

18 students attended

Professionalism By: Emily Bielen

APhA Liaison By: Briana Frolov

- APhA Midyear Regional Meeting: WSPS was represented well by seven smart females who attended MRM in Detroit, MI during the month of October. Here we learned how to advance our leadership skills and got the opportunity to connect with students from other schools in our region. The leadership skills we gained will be useful for our futures as pharmacist. Plus, we got to dress up as superheroes.



- APhA Patient Counseling Competition: Congratulations again to Paria Sanaty-Zadeh! She made UW proud by representing us at the national competition in Baltimore, Maryland during APhA Annual and by being ranked one of the top ten in the nation! We hope you use your excellent patient counseling skills to their maximum ability during your fourth year rotations.
- American Pharmacists Month: Thanks to all the students and WSPS board members that participated in the events to support American Pharmacists Month. During this month we participated in a national Tweet-a-thon, held a trivia week in the SAA office, read daily facts posted on WSPS's Facebook and Twitter about what pharmacists can do, and put signs up on Bascom Hill.
- APhA Annual: A wonderful group of ten students (including SIX first years) went off to Baltimore, Maryland for APhA Annual in March. Here we learned how to advance our own WSPS chapter so that our student origination can become the best it can be. Additionally, we met students from all over the nation, and made connections.
- World Health Day – Beat Diabetes Campaign: Our Super Pharmacist was placed on social media, and thanks to our wonderful students, World Health Day's theme: Beat Diabetes was spread throughout the community. In total we had 116 re-posts/re-tweets, 13,405 people reached, 343 reactions, likes, and comments. Thank you for everyone that participated in this event, and congratulations to the first years who won the contest!



Editors note: Thank you for allowing me to be your APhA liaison for 2 years in a row. It was a wonderful position made even greater by the students that participated and contributed to pharmacist advocacy events. Continue to make APhA proud and representing UW-Madison at all the conferences available to students!

Policy Liaisons By: Paria Sanaty Zadeh

This Newsletter was put together for you by the WSPS Newsletter Committee!

WSPS

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